

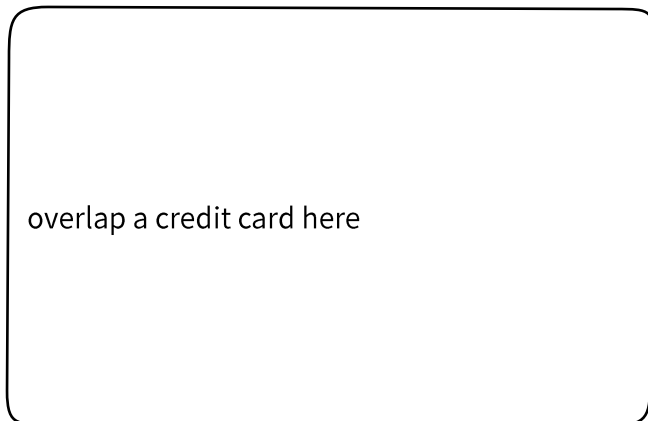
## How to measure your wrist size

### 1. How to print this page

Please print this page on A4 paper without scaling up or down.

\*Please set the actual size with your printer.

You can check if the sheet is printed properly  
by overlapping a credit card on the box below.



### 2. How to measure your wrist size

Please cut out the measurement tool on the right along the dotted line.

Keep your hands lightly open and relaxed.

Please measure your wrist size by wrapping the measurement tool  
around your wrist, where you normally wear your watch.

※If you wrap the measurement tool too tightly,  
or leave a gap between your wrist and the measuring tool,  
you will not measure your wrist size accurately.

